

**WEEKLY NEW BRUNSWICK INFLUENZA REPORT**  
**Reporting period: November 29 – December 5, 2009 (week 48)**  
Week 35 marked the start of the 2009-2010 Influenza Season

**1) Overall Influenza Summary-Week 48**

The overall influenza activity in New Brunswick is lower in week 48 compared to the previous week (except one indicator). All influenza indicators declined during week 48 except the influenza outbreaks in schools. Twenty positive lab results were reported during the current week; all of them pandemic (H1N1) specimens. Six hospitalizations related to Pandemic (H1N1) were reported during week 48, from R1, R3 & R7.

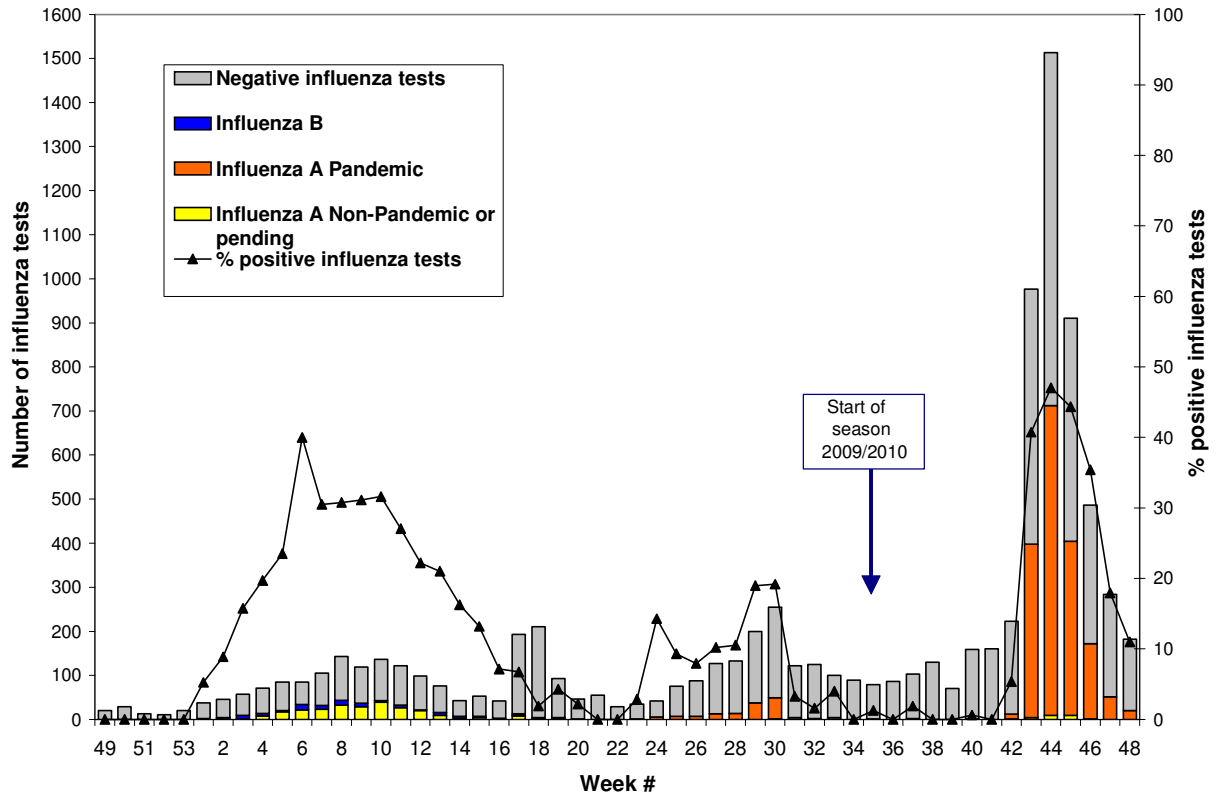
There were 5 outbreaks reported during week 48; none in nursing homes, and 5 ILI school outbreaks were reported, all in Region 3. The NB ILI consultation rate was lower (81.2 consultations per 1,000 patient visits) compared to last week (110.2 consultations per 1,000 patients visits) and above the expected range for this time of year. One region reported localized activity (R3), and six regions reported sporadic activity (R1, R2, R4, R5, R6 & R7).

**2) Influenza Laboratory Data**

Surveillance specimens are submitted by recruited New Brunswick Sentinel Practitioner Influenza Network (NB SPIN) practitioners, which are comprised of 1 site in Urgent Care, 8 sites in Emergency Rooms, 7 sites in Family Practice, 3 sites in First Nations communities, 1 site in a Nursing Home, 4 sites in Universities and 10 sites in Community Health Centres. Diagnostic specimens are submitted by physicians in the community/hospital setting. Influenza laboratory data is comprised of results from surveillance and diagnostic specimens. All laboratory specimens are tested using a real-time PCR assay, which is a rapid detection method designed for detection of all known variants of influenza A and B. All laboratory-confirmed cases are reported for the week when laboratory confirmation was received.

**Graph 1: Number and percent of positive influenza specimens in New Brunswick, by week, up to December 5, 2009 (data source: G. Dumont lab results) \***

**\*[Week 41 to week 34 constitutes the 2008/2009 season and week 35 marks the start of season 2009/2010]**



**Table 1: Positive influenza test results by Health Region in New Brunswick up to December 5, 2009 (data source: G. Dumont lab results)**

	Reporting period: 29/11/09 –05/12/09				Cumulative: (2009/2010 season) 30/08/09 –05/12/09			Cumulative: (2008/2009 season) 05/10/08 –29/08/09		
	Activity level <sup>1</sup>	Influenza A		Influenza B	Influenza A		Influenza B	Influenza A		Influenza B
		Non-Pandemic or pending	Pandemic (H1N1)		Non-Pandemic or pending	Pandemic (H1N1)		Non-Pandemic	Pandemic (H1N1)	
<b>Region 1</b>	Sporadic	0	9	0	15	795	0	123	67	68
<b>Region 2</b>	Sporadic	0	3	0	6	293	1	21	10	8
<b>Region 3</b>	Localized	0	2	0	2	221	0	10	59	4
<b>Region 4</b>	Sporadic	0	0	0	1	290	0	51	4	7
<b>Region 5</b>	Sporadic	0	1	0	2	97	0	10	0	2
<b>Region 6</b>	Sporadic	0	2	0	1	110	0	37	4	0
<b>Region 7</b>	Sporadic	0	3	0	0	66	0	6	3	7
<b>Total NB</b>		0	20	0	27	1872	1	258	147	96

### 3) ILI Consultation Rates

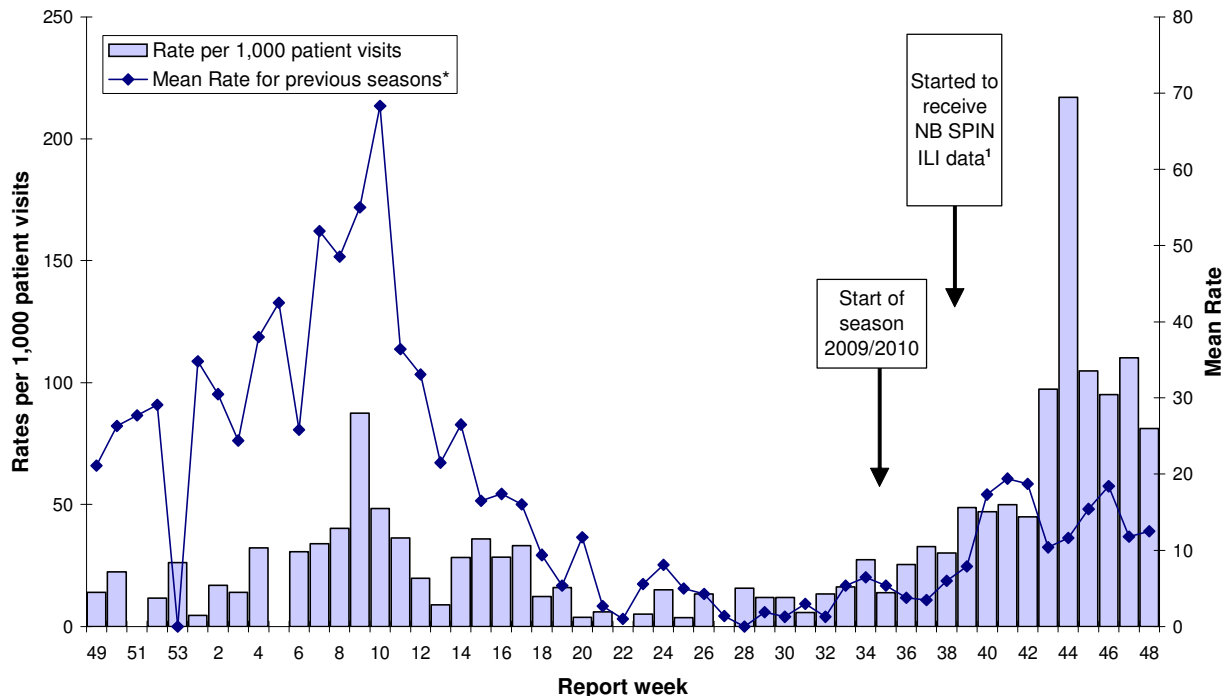
A total of 34 practitioner sites (9 FluWatch sentinel physicians and 25 NB SPIN sites) are recruited this season to report the number of ILI patients and total patient consultations one day during a reporting week.

**18 practitioner sites (6 FluWatch and 12 NB SPIN) reported a total of 42 cases of ILI of the 517 patients seen for any reason during this reporting period**

This week, the ILI consultation rate was 81.2 consultations per 1,000 patient visits which is a lower rate than last week. The sentinel response rate was 67% for the FluWatch sentinel physicians and 48% for the NB SPIN practitioners.

<sup>1</sup> Influenza activity level definition is available on the PHAC FluWatch website: <http://www.phac-aspc.gc.ca/fluwatch/08-09/def08-09-eng.php>

**Graph 2: ILI Consultation Rates in New Brunswick, by report week, seasons 2008/09 and 2009/10 compared to previous seasons**



\* For season 2008/2009 (up to week 34), the mean rate was based on data from the 1996/1997 to 2007/2008 seasons. For season 2009/2010 (starting week 35), the mean rate was based on data from the 1996/97 to 2008/09 seasons.

<sup>1</sup> In week 39, we started to receive ILI consultation data from contributing NB SPIN Practitioners from the Public Health Agency of Canada.

#### 4) ILI and Laboratory-Confirmed Outbreak Data

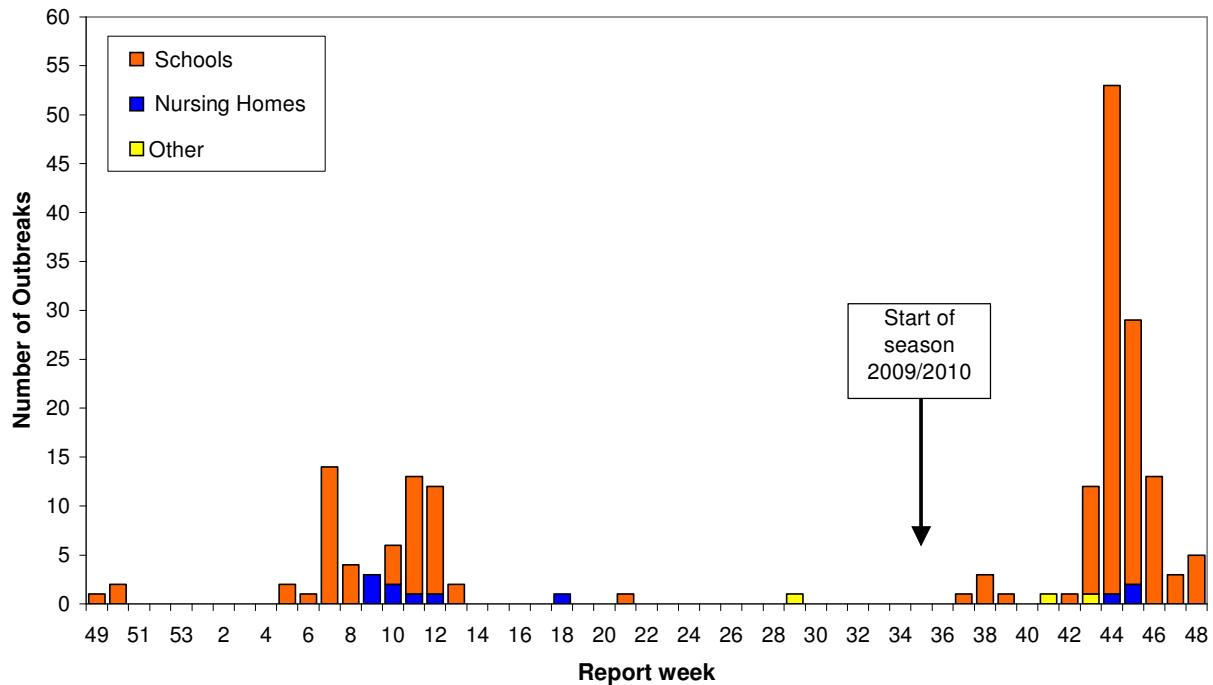
**Table 2: ILI activity/outbreaks in New Brunswick nursing homes and schools for the reporting week, and cumulative numbers for the 2008/2009 and 2009/2010 seasons, by Health Region.**

	Reporting period: 29/11/09 –05/12/09			Cumulative # of outbreaks (current season) 2009-2010	Cumulative # of outbreaks (past season) 2008-2009
	Lab-confirmed outbreaks in Nursing Homes*	Schools reporting ILI outbreaks**	Others lab-confirmed outbreaks*		
<b>Region 1</b>	0 out of 13	0 out of 74	0	16	2
<b>Region 2</b>	0 out of 14	0 out of 81	0	48	18
<b>Region 3</b>	0 out of 14	5 out of 95	0	36	15
<b>Region 4</b>	0 out of 6	0 out of 22	0	9	0
<b>Region 5</b>	0 out of 2	0 out of 18	0	3	7
<b>Region 6</b>	0 out of 9	0 out of 36	0	2	10
<b>Region 7</b>	0 out of 4	0 out of 27	0	8	11
<b>Total NB</b>	<b>0 out of 62</b>	<b>5 out of 353</b>	<b>0</b>	<b>122</b>	<b>63</b>

\*Two or more ILI cases within a seven day period, including at least one laboratory-confirmed case of influenza. Outbreaks are reported in the week when laboratory confirmation is received.

\*\*Schools reporting greater than 10% absenteeism on any day most likely due to ILI

**Graph 3: Number of Influenza Outbreaks in Nursing Homes<sup>1</sup> and ILI Outbreaks in Schools<sup>2</sup> reported to Public Health in New Brunswick, by report week, seasons 2008/09 and 2009/10**



<sup>1</sup> The National FluWatch definition of an outbreak in a nursing home is stated as two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case.

<sup>2</sup> The National FluWatch definition of an ILI outbreak in a school is stated as absenteeism greater than 10% on any day most likely due to ILI.

**5) Pandemic H1N1 Related Hospitalization and Death Data**

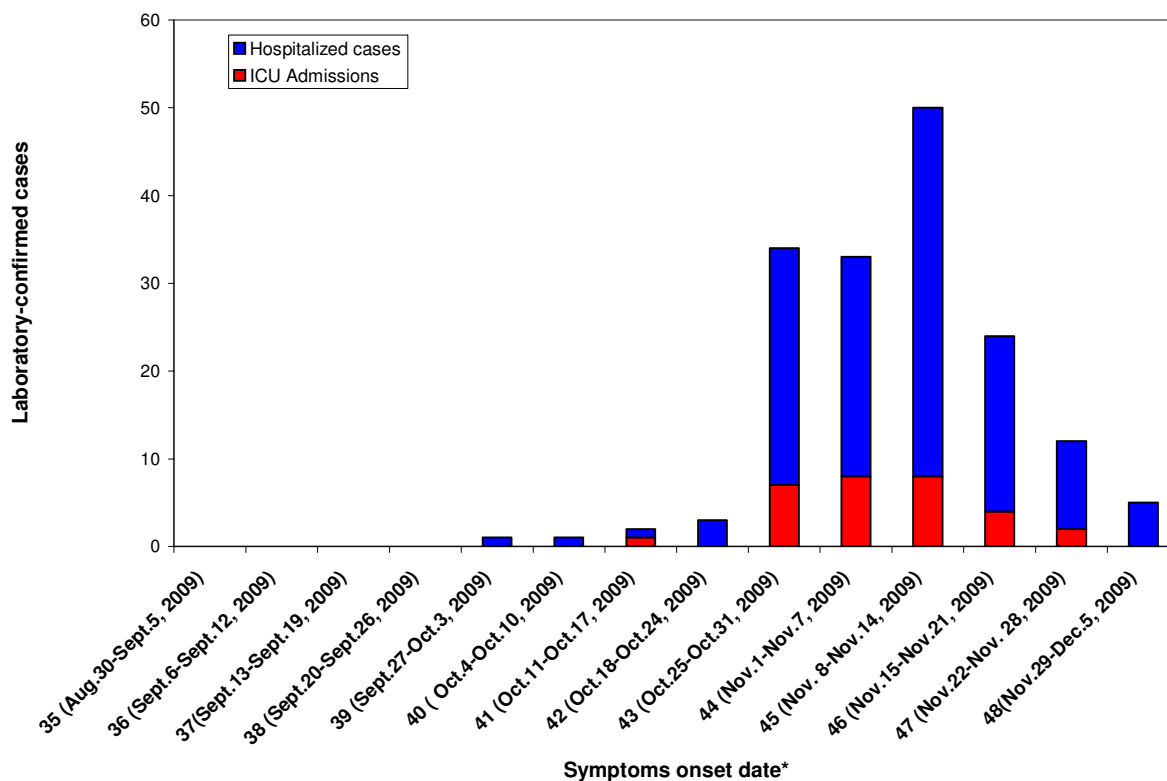
**Table 3: Number of pandemic H1N1 hospitalizations and deaths in New Brunswick, by Health Region up to December 5, 2009.**

Regions	Pandemic H1N1 Hospitalizations		Pandemic H1N1 Deaths	
	Reporting period: 29/11/09-05/12/09	Cumulative (April 2009 to December 5, 2009)	Reporting period: 29/11/09-05/12/09	Cumulative (April 2009 to December 5, 2009)
Region 1	4	61	0	0
Region 2	0	25	0	3
Region 3	1	39	0	2
Region 4	0	20	0	2
Region 5	0	7	0	0
Region 6	0	5	0	0
Region 7	1	11	0	0
<b>Total NB</b>	6	168*	0	7

\* 5 cases were out of province

**Graph 4: Number of laboratory-confirmed Pandemic (H1N1) hospitalized and ICU cases by date of onset\*, as of December 5, 2009.**

\* Where symptoms onset date or hospitalization date were not available, report date was used.



National Flu Watch Program - Additional information on influenza activity in Canada and around the world is available on the Public Health Agency of Canada's website at:

[www.phac-aspc.gc.ca/fluwatch/index.html](http://www.phac-aspc.gc.ca/fluwatch/index.html)

More information on the Pandemic H1N1 Flu virus in New Brunswick is available on the NB Health website at: <http://www.gnb.ca/cnb/Promos/Flu/index-e.asp>

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