

WEEKLY NEW BRUNSWICK INFLUENZA REPORT

Reporting period: March 11, 2012 – March 17, 2012 (week 11)

Summary

In New Brunswick, low influenza activity for week 11

New Brunswick:

- There have been 16 positive influenza detections during week 11, 4 influenza A (H3), 3 influenza A (H1N1) pdm09 and 9 influenza B.
- The ILI consultation rate was low and below the expected range for this time of year.
- No new ILI school outbreaks were reported.

Canada:

- Overall Influenza activity continued to increase compared to the previous week; most indicators (such as laboratory detections, outbreaks and hospitalizations) showed higher levels compared to the previous week.
- 1,219 laboratory detections of influenza were reported, proportion of positive tests was 23.4%. The proportion of positive influenza B detections continued to increase while the proportion positive for influenza A slightly declined.
- The ILI consultation rate was within the expected levels for this time of year. 54 influenza or ILI outbreaks were reported: 31 in long-term care facilities, 3 in schools, 5 in hospitals and 15 in other settings.

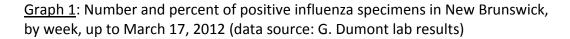
International:

• WHO: The WHO recommends that the vaccines for use in the 2012-2013 northern hemisphere influenza season contain the following: an A/California/7/2009 (H1N1)pdm09-like virus; an A/Victoria/361/2011 (H3N2)-like virus and a B/Wisconsin/1/2010-like virus.

1) Influenza Laboratory Data¹

- Overall influenza activity remains low in week 11.
- 16 influenza detections were reported during that period.
- Since the beginning of the season, 48 positive influenza detections have been reported; 16 were influenza A (H1N1)pdm09 (33%), 10 were influenza A (H3)(21%) and 22 were influenza B viruses (46%).

¹ Surveillance specimens are submitted by recruited New Brunswick Sentinel Practitioner Influenza Network (NB SPIN) practitioners, which are comprised of 7 sites in Emergency Rooms, 5 sites in Family Practice, 3 sites in First Nations communities, 1 site in a Nursing Home, 3 sites in Universities and 8 sites in Community Health Centers. Diagnostic specimens are submitted by physicians in the community/hospital setting. Influenza laboratory data is comprised of results from surveillance and diagnostic specimens. All laboratory specimens are tested using a real-time PCR assay, which is a rapid detection method designed for detection of all known variants of influenza A and B. All laboratory-confirmed cases are reported for the week when laboratory confirmation was received.



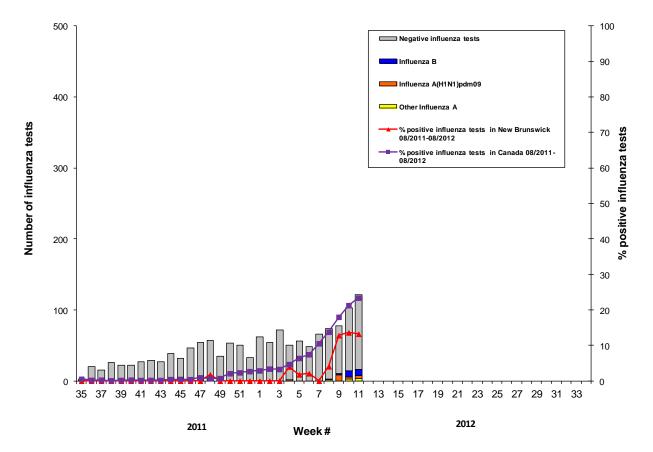


Table 1: Positive influenza test results by Health Region in New Brunswick up to March 17, 2012 (data source: G. Dumont lab results)

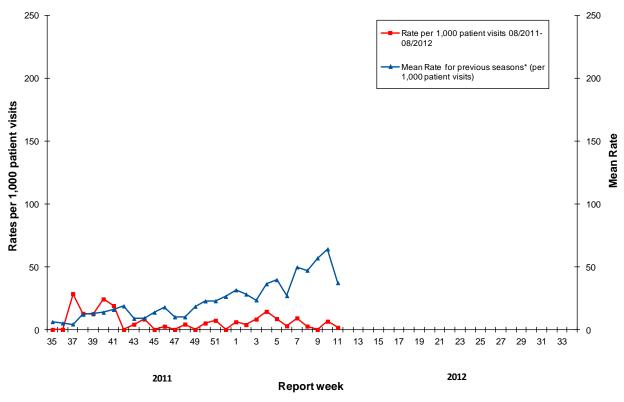
| Region | Reporting period: March/11/2012–March /17/2012 | | | | | | Cumulative: (2011/2012 season) Aug./28/2011 –Mar./17/2012 | | | | Cumulative: (2010/2011 season) Aug./29/2010 – Aug./27/2011 | | | |
|----------|---|-------|-------|-----------------|----------------|---|--|-------|-----------------|----------------|---|---------------|-------|-----|
| | Activity level ² | А | | | | В | А | | | В | A B | | В | |
| | | A(H1) | A(H3) | (H1N1) pdm09 | unsubt yped | | A(H1) | A(H3) | (H1N1) pdm09 | unsubt yped | | Non- pH1N1 | pH1N1 | |
| Region 1 | Sporadic | 0 | 2 | 2 | 0 | 8 | 0 | 7 | 10 | 0 | 21 | 433 | 56 | 29 |
| Region 2 | Sporadic | 0 | 1 | 1 | 0 | 0 | 0 | 1 | 2 | 0 | 0 | 57 | 2 | 13 |
| Region 3 | Sporadic | 0 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 0 | 112 | 16 | 19 |
| Region 4 | No activity | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 2 | 0 | 0 | 79 | 58 | 56 |
| Region 5 | No activity | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 26 | 3 | 1 |
| Region 6 | Sporadic | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 46 | 27 | 5 |
| Region 7 | No activity | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 0 | 0 | 32 | 3 | 3 |
| Total NB | | 0 | 4 | 3 | 0 | 9 | 0 | 10 | 16 | 0 | 22 | 785 | 165 | 126 |

² Influenza activity level definition is available on the PHAC FluWatch website: <u>http://www.phac-aspc.gc.ca/fluwatch/11-12/def11-12-eng.php</u>

2) ILI Consultation Rates³

- During week 11, the ILI consultation rate was 1.6 consultations per 1,000 patient visits, and is below the expected levels for this time of year.
- During week 11, the sentinel response rate was 50% for the FluWatch sentinel physicians and 50% for the NB SPIN practitioners. (7 FluWatch and 9 NB SPIN)

<u>Graph 2</u>: ILI Consultation Rates in New Brunswick, by report week, season 2011/12 compared to previous seasons*



* The mean rate was based on data from the 1996/97 to 2010/2011 seasons and excludes the Pandemic season (2009-2010).

³ A total of 32 practitioner sites (14 FluWatch sentinel physicians and 18 NB SPIN sites) are recruited this season to report the number of ILI patients and total patient consultations one day during a reporting week.

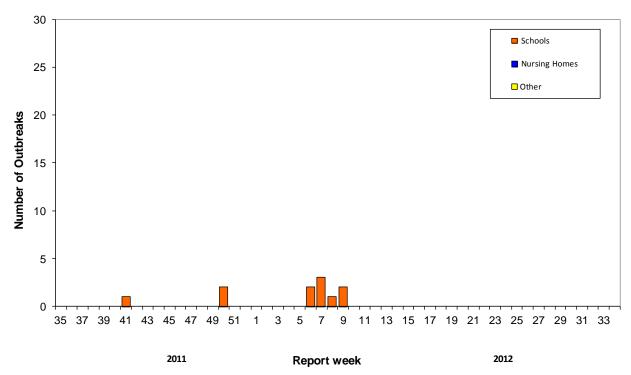
3)ILI and Laboratory-Confirmed Outbreak Data

| | March/11 | Reporting period: 1/2012 –March/17/20 | Cumulative # of | Cumulative # of outbreaks | | |
|----------|---|--|--|-------------------------------|---------------------|--|
| | Lab-confirmed outbreaks in Nursing Homes* | Schools reporting ILI outbreaks** | Lab-confirmed outbreaks in Other Settings* | outbreaks season 2011-2012 | season 2010-2011 | |
| Region 1 | 0 out of 13 | 0 out of 74 | 0 | 0 | 17 | |
| Region 2 | 0 out of 15 | 0 out of 81 | 0 | 1 | 21 | |
| Region 3 | 0 out of 14 | 0 out of 95 | 0 | 7 | 12 | |
| Region 4 | 0 out of 6 | 0 out of 22 | 0 | 0 | 12 | |
| Region 5 | 0 out of 2 | 0 out of 18 | 0 | 2 | 17 | |
| Region 6 | 0 out of 9 | 0 out of 35 | 0 | 0 | 10 | |
| Region 7 | 0 out of 4 | 0 out of 27 | 0 | 1 | 22 | |
| Total NB | 0 out of 63 | 0 out of 352 | 0 | 11 | 111 | |

<u>Table 2:</u> ILI activity/outbreaks in New Brunswick nursing homes and schools for the reporting week, current and previous seasons.

*Two or more ILI cases within a seven day period, including at least one laboratory-confirmed case of influenza. Outbreaks are reported in the week when laboratory confirmation is received.

**Schools reporting greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or Public Health Authority) which is likely due to ILI.



<u>Graph 3</u>: Number of Influenza Outbreaks in Nursing Homes¹ and ILI Outbreaks in Schools² reported to Public Health in New Brunswick, by report week, season 2011/12.

¹ The National FluWatch definition of an outbreak in a nursing home is stated as two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case.

² The National FluWatch definition of an ILI outbreak in a school is stated as absenteeism greater than 10% (or absenteeism that is higher (e.g.>5-10%) than expected level as determined by school or Public Health Authority) which is likely due to ILI.

<u>National Flu Watch Program</u> - Additional information on influenza activity in Canada and around the world is available on the Public Health Agency of Canada's website at: www.phac-aspc.gc.ca/fluwatch/index.html

Other Links:

World-

<u>http://www.who.int/influenza/surveillance_monitoring/updates/latest_update_GIP_surveillance/en/index.html</u> Europe: <u>http://www.euroflu.org/cgi-files/bulletin_v2.cgi</u> and

http://www.ecdc.europa.eu/en/healthtopics/seasonal_influenza/epidemiological_data/Pages/Weekly_Influenza_ Surveillance_Overview.aspx

PAHO:<u>http://new.paho.org/hq/index.php?option=com_content&task=blogcategory&id=805&Itemid=569</u>] Australia: <u>http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-surveil-ozflu-flucurr.htm</u>] New Zealand: [http://www.surv.esr.cri.nz/virology/influenza_weekly_update.php

Argentina:<u>http://www.msal.gov.ar/archivos/INFORME%20INFLUENZA%20PANDÉMICA%20_H1N1_%2005-08-2009.pdf</u>

South Africa: <u>http://www.nicd.ac.za/</u>

US: www.cdc.gov/flu/weekly/

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