

### WEEKLY NEW BRUNSWICK INFLUENZA REPORT

Reporting period: July 14 to 27 2013 (weeks 29 & 30)

#### Summary:

#### Influenza activity has returned to typical inter-seasonal levels in New Brunswick

#### **New Brunswick:**

- There have been no positive influenza detections during weeks 29 & 30.
- The ILI consultation rate was low and was within the expected levels for week 30.
- No new influenza or ILI outbreaks were reported.

#### Canada:

- Influenza activity in Canada remained at inter-seasonal levels during this 2-week period.
- 12 laboratory detections of influenza were reported, proportion of positive tests was 0.8% in week 29 and 0.2% in week 30.
- The ILI consultation rate has been fairly stable over the past 14 weeks but decreased for week 30. No new influenza outbreaks were reported in weeks 29 or 30.

#### International:

- Human infection with Avian Influenza: As of August 2 2013, the WHO reported a total of 134 laboratory-confirmed cases of human infection with an avian influenza A (H7N9) virus in China including 43 deaths. Disease onset was between February 19 and July 10 2013. There is no evidence of sustained human-to-human transmission. Contacts of confirmed cases are being closely monitored. Investigations into possible sources of infection and reservoirs of the virus are ongoing.
- MERS-CoV: Since April 2012, 94 laboratory-confirmed cases have been reported from Saudi Arabia, Qatar, Jordan, United Arab Emirates, United Kingdom, France, Germany, Tunisia and Italy. Among the 94 cases, 46 were fatal. Onset of illness was between April 2012 and July 2013.

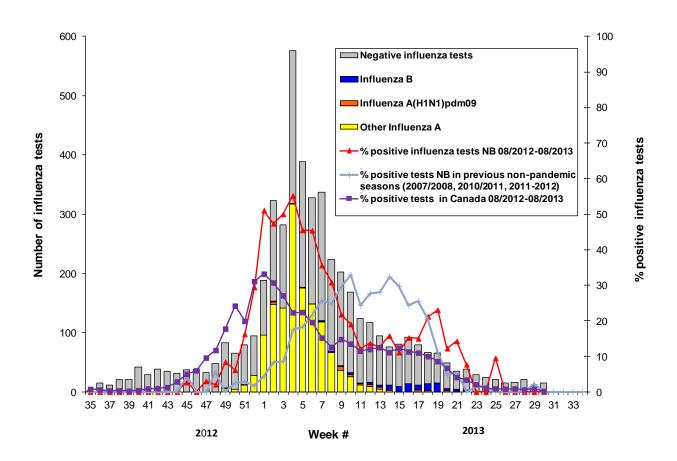
<u>Note:</u> While influenza surveillance continues to be monitored weekly at provincial and national levels, reporting will occur on a biweekly basis during the summer season.

### 1) Influenza Laboratory Data<sup>1</sup>

- Influenza activity has returned to inter-seasonal levels.
- No influenza detections were reported during that period.
- Since the beginning of the season, 1488 positive influenza detections have been reported, 38 influenza A (H1N1)pdm09, 450 influenza A (H3) viruses, 902 influenza A (unsubtyped) and 98 influenza B.

Surveillance specimens are submitted by recruited New Brunswick Sentinel Practitioner Influenza Network (NB SPIN) practitioners, which are comprised of 8 sites in Emergency Rooms, 5 sites in Family Practice, 3 sites in First Nations communities, 1 site in a Nursing Home, 3 sites in Universities and 8 sites in Community Health Centers. Diagnostic specimens are submitted by physicians in the community/hospital setting. Influenza laboratory data is comprised of results from surveillance and diagnostic specimens. All laboratory specimens are tested using a real-time PCR assay, which is a rapid detection method designed for detection of all known variants of influenza A and B. All laboratory-confirmed cases are reported for the week when laboratory confirmation was received.

<u>Graph 1</u>: Number and percent of positive influenza specimens in New Brunswick, by week, up to July 27, 2013 (data source: G. Dumont lab results)



<u>Table 1</u>: Positive influenza test results by Health Region in New Brunswick up to July 27, 2013 (data source: G. Dumont lab results)

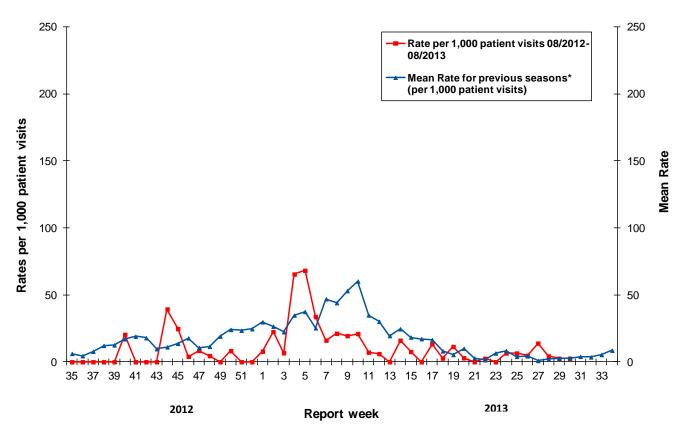
Region	Reporting period:  Jul./14/2013–Jul./27/2013						Cumulative: (2012/2013 season)					Cumulative: (2011/2012 season)					
							Aug./26/2012 –Jul./13/2013					Aug./28/2011 – Aug./25/2012					
		А				В		АВВ				АВ		В			
	Activity level <sup>2</sup>	A(H1)	A(H3)	(H1N1) pdm09	unsubt yped		Total	A(H1)	A(H3)	(H1N1) pdm09	unsubt yped		Total	Non- (H1N1) pdm09	(H1N1) pdm09		Total
Region 1	No activity	0	0	0	0	0	0	0	156	13	371	18	558	24	17	206	247
Region 2	No activity	0	0	0	0	0	0	0	52	3	159	8	222	1	2	18	21
Region 3	No activity	0	0	0	0	0	0	0	27	9	58	1	95	1	0	3	4
Region 4	No activity	0	0	0	0	0	0	0	34	5	134	3	176	2	9	2	13
Region 5	No activity	0	0	0	0	0	0	0	11	1	9	7	28	0	2	4	6
Region 6	No activity	0	0	0	0	0	0	0	137	5	115	50	307	1	6	16	23
Region 7	No activity	0	0	0	0	0	0	0	33	2	56	11	102	1	1	12	14
Total NB		0	0	0	0	0	0	0	450	38	902	98	1488	30	37	261	328

<sup>&</sup>lt;sup>2</sup> Influenza activity level definition is available on the PHAC FluWatch website: <a href="http://www.phac-aspc.gc.ca/fluwatch/12-13/def12-13-eng.php">http://www.phac-aspc.gc.ca/fluwatch/12-13/def12-13-eng.php</a>

## 2) ILI Consultation Rates<sup>3</sup>

- During weeks 29 & 30, the ILI consultation rate was 2.6 consultations per 1,000 patient visits for each week, and
  was within the expected levels for both weeks.
- During weeks 29 & 30, the sentinel response rate was 29% and 34%, respectively, for both the FluWatch sentinel
  physicians and the NB SPIN practitioners.

<u>Graph 2</u>: ILI Consultation Rates in New Brunswick, by report week, season 2012/13 compared to previous seasons\*



<sup>\*</sup> The mean rate was based on data from the 1996/97 to 2011/2012 seasons and excludes the Pandemic season (2009-2010).

<sup>&</sup>lt;sup>3</sup> A total of 38 practitioner sites (20 FluWatch sentinel physicians and 18 NB SPIN sites) are recruited this season to report the number of ILI patients and total patient consultations one day during a reporting week.

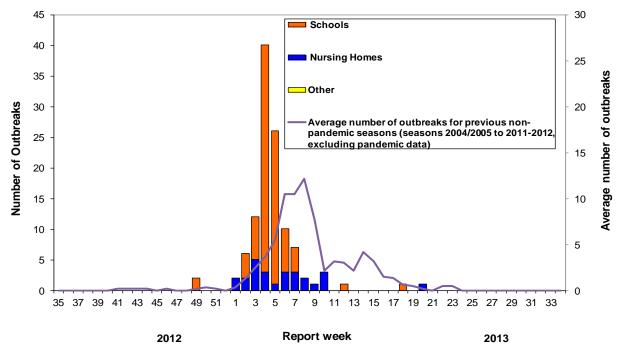
# 3) ILI and Laboratory-Confirmed Outbreak Data

<u>Table 2:</u> ILI activity/outbreaks in New Brunswick nursing homes and schools for the reporting week, current and previous seasons.

	J	Reporting period: lul./14/2013–Jul./27/2013	Cumulative # of	Cumulative # of outbreaks		
	Lab-confirmed outbreaks in Nursing Homes*	Schools reporting ILI outbreaks**	Lab-confirmed outbreaks in Other Settings*	outbreaks season 2012-2013	season 2011-2012	
Region 1	0 out of 13	0 out of 74	0	15	4	
Region 2	0 out of 15	0 out of 81	0	38	6	
Region 3	0 out of 14	0 out of 95	0	20	8	
Region 4	0 out of 6	0 out of 22	0	2	2	
Region 5	0 out of 2	0 out of 18	0	6	7	
Region 6	0 out of 9	0 out of 35	0	23	2	
Region 7	0 out of 4	0 out of 27	0	10	2	
Total NB	0 out of 63	0 out of 352	0	114	31	

<sup>\*</sup>Two or more ILI cases within a seven day period, including at least one laboratory-confirmed case of influenza. Outbreaks are reported in the week when laboratory confirmation is received.

<u>Graph 3</u>: Number of Influenza Outbreaks in Nursing Homes<sup>1</sup> and ILI Outbreaks in Schools<sup>2</sup> reported to Public Health in New Brunswick, by report week, season 2012/13.



<sup>&</sup>lt;sup>1</sup> The National FluWatch definition of an outbreak in a nursing home is stated as two or more cases of ILI within a seven-day period, including at least one laboratory confirmed case.

<sup>2</sup> The National FluWatch definition of an ILI outbreak in a school is stated as absenteeism greater than 10% (or absenteeism that

<sup>\*\*</sup>Schools reporting greater than 10% absenteeism (or absenteeism that is higher (e.g. >5-10%) than expected level as determined by school or Public Health Authority) which is likely due to ILI.

I he National FluWatch definition of an ILI outbreak in a school is stated as absenteeism greater than 10% (or absenteeism that is higher (e.g.>5-10%) than expected level as determined by school or Public Health Authority) which is likely due to ILI.

National Flu Watch Program - Additional information on influenza activity in Canada and around the world is available on the Public Health Agency of Canada's website at: <a href="https://www.phac-aspc.gc.ca/fluwatch/index.html">www.phac-aspc.gc.ca/fluwatch/index.html</a>

### Other Links:

World-http://www.who.int/influenza/surveillance monitoring/updates/latest update GIP surveillance/en/index.html

Europe: http://www.euroflu.org/cgi-files/bulletin\_v2.cgi and

http://www.ecdc.europa.eu/en/healthtopics/seasonal influenza/epidemiological data/Pages/Weekly Influenza Surveillance Overview.a

spx

PAHO: http://new.paho.org/hq/index.php?option=com\_content&task=blogcategory&id=805&Itemid=569]
Australia: http://www.health.gov.au/internet/main/publishing.nsf/Content/cda-surveil-ozflu-flucurr.htm]

New Zealand: [http://www.surv.esr.cri.nz/virology/influenza\_weekly\_update.php

Argentina: : <a href="http://www.msal.gov.ar/">http://www.msal.gov.ar/</a>
South Africa: <a href="http://www.nicd.ac.za/">http://www.nicd.ac.za/</a>
US: <a href="http://www.nicd.ac.za/">www.cdc.gov/flu/weekly/</a>

Prepared by the Communicable Disease Control Unit Office of the Chief Medical Officer of Health, Tel: (506) 444-3044