

Home First

New Brunswick's three-year strategy, that will help seniors maintain their independence and remain in their homes and communities for as long as possible.

Home First Vision:

Healthy aging enabled by appropriate supports and care within a responsive, integrated and sustainable system.

Healthy Aging

- *Self-care and personal responsibility*
- *Targeted wellness to support aging in place*
- *Community capacity building*

Appropriate supports and care

- *Better specialized care options*
- *Supports for caregivers*
- *Technology enabled home-based care*

Responsive, integrated and sustainable system


- *Coordinated case management and care navigation*
- *Accountability and performance management*

The plan outlines a series of innovative approaches, strategies and initiatives to support seniors to live in their own homes and continue to be part of their communities.


Healthy Aging

	Themes	Initiatives
		Self-Care and Personal Responsibility
Targeted wellness to support aging in place		Implement wellness clinics for seniors Implement the renewed Wellness Strategy
Community capacity building		Develop a seniors' health, well-being and home safety assessment Develop Age-Friendly Communities Develop a province-wide affordable housing plan for seniors Improve access to home-based medical equipment Collaborate on the toll-free seniors' information line Explore the role of paramedics in delivering community-based care Renew the Senior Goodwill Ambassador Program

Appropriate Supports and Care

	Themes	Initiatives
<p>Pillar 2</p>	<p>Better specialized care options</p>	<p>Enhance rapid rehabilitation and reablement services for seniors</p>
		<p>Develop a neighbourhood-based model of home support services</p>
<p>Enhance the Extra-Mural Program home-based stroke care</p>		
<p>Enhance the Extra-Mural Program home-based geriatric assessment and management service</p>		
<p>Develop community-based dementia care</p>		
<p>Develop a provincial palliative care strategy</p>		
<p>Roll-out the drug information system</p>		
<p>Implement family health teams</p>		
<p>Establish a community-based allied health professional team</p>		
		<p>Supports for caregivers</p>
	<p>Enhance supports for caregivers</p>	
	<p>Technology enabled home-based care</p>	<p>Develop an electronic health records system for the Extra-Mural Program</p>
		<p>Expand the Extra-Mural Program Telehomecare Service</p>
		<p>Expand the use of Care Link</p>

Responsive, Integrated and Sustainable System

	Themes	Initiatives
<p>Pillar 3</p>	<p>Coordinated case management and care navigation</p>	Design a model for integrated health and social services
		Improve integration of health and social services
Improve the hospital discharge process		
Improve the process for long-term care assessment		
Expand the Quick Response Home Care program to the community		
Enable paramedics to refer seniors to the Extra Mural Program		
Strengthen medical leadership for the Extra-Mural Program		
Modernize the nursing home system		
	<p>Accountability and performance management</p>	Develop new legislation for the long-term care continuum
		Implement a Home First accountability framework
		Develop a Seniors Declaration